

LITTLE ROCK SCHOOL DISTRICT	NEPN CODE: IHAMD
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Wellness Policy

The Board of Education is committed to creating a healthy school environment that enhances the development of lifelong wellness practices that promote healthy eating and physical activities that support student achievement.

To improve the school nutrition environment, promote student health, and reduce childhood obesity, the District will adhere to the Arkansas rules governing Nutrition and Physical Activity Standards. The District will employ a District Coordinator of Health Services who will work in conjunction with the Little Rock School District Administration to ensure policy fulfillment. The implementation of this policy will include regulations IHAMD-R that include specific guidelines in the areas of nutrition education, nutrition standards and physical activity.

Adopted: January 25, 2007

Legal References: A.C.A. 20-17-133,134 and 135

Richard B. Russell National School Lunch Act 42 U.S.C.1751 et seq.

Arkansas Acts 1220 (2003) and 2285 (2005)

ADE Rules Governing Nutrition and Physical Activity Standards

Nutrition Standards for Arkansas Public Schools (Commissioner's

Memo FIN-06-106 FIN-06-076) Allowable Competitive

Foods/Beverages – Maximum Portion Size List

Cross References: Board Regulation, IMP-R and IHAMD-R